

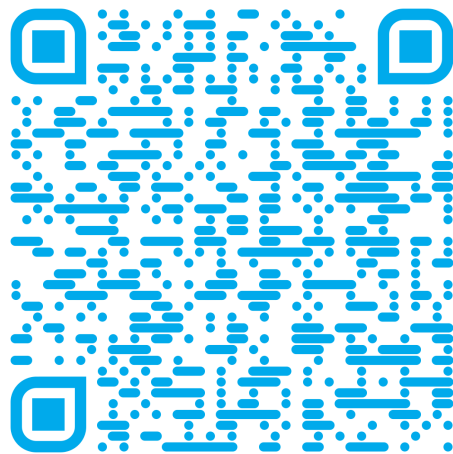
Thank you for ordering your Amanita tincture!

Our Amanita product is quite strong (made with our proprietary Neuro**AGARIC**™ blend of (Amanita Muscaria, Pantherina, Muscimol), so please start out slow - we recommend a ¼ dropper in the AM (under your tongue) to help calm any stress or anxiety. As needed, add ¼ dropper at a time until you find your perfect dose.

For nighttime use to support a restful night's sleep, you may try a single ½ dropper (under your tongue) - some customers use double that dose for a full 8+ hours of deep sleep. Much depends on your height, weight, metabolism, etc. Always go **slow!** Expect vivid dreams!

\*Remember that Amanita (Muscimol) does interact with your GABA receptors, so you want to always take a few days off per week like any microdosing schedule - this allows your body to “reset”.

**Here is an Amanita guide to answer any additional questions:**



Feel free to reach out with any questions, and **always** check in with your healthcare provider with questions on drug interactions or health concerns!